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MSS WORLD SCHOOL

The Chronicle

Principal's Message

The Importance of Well-Being in Schools

At MSS World School, we believe that education goes beyond textbooks and exams. It is about nurturing the overall growth of students and staff alike. One of the most important aspects of this growth is well-being.

In today's fast-paced world, stress and mental health challenges are common among students and teachers. Academic pressure, social expectations, and personal challenges can take a toll on their mental and emotional health. When well-being is not addressed, it can affect learning, relationships, and overall happiness.

This is why I strongly advocate for the inclusion of well-being as a subject in the school curriculum. By teaching students about emotional resilience, mindfulness, stress management, and healthy relationships, we can equip them with tools to handle life's challenges. Discussions on mental health should be normalized to remove stigma and create a supportive environment.

For our teachers and staff, their well-being is equally important. A happy and healthy teacher inspires and motivates students better. Schools should actively promote staff wellness programs, providing them with the resources and time to focus on their own mental and physical health.
Incorporating well-being into the curriculum and daily school life will ensure that

we not only produce academically strong individuals but also compassionate and balanced human beings. Let us all work together to make our schools a place where well-being thrives.

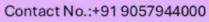
Dr. Seema Sharma Principal



UPCOMING EVENTS

Makar Sankarnti Celebration: 15th Jan.

Republic Day : 26th Jan. Sports Day : 8h Feb.



+919057945000

info@mssworld.org www.mssworldschool.org Opp. Umaid Hospital, Jodhpur







Yoga in nature: where body, breath, and earth unite.

#GroundedInNature

Nature Yoga for pre-primary students is a playful and engaging approach to introducing young children to the basics of yoga while fostering a deeper connection to nature. This practice blends simple yoga poses with the natural world, encouraging children to explore their bodies, relax their minds, and appreciate the environment around them. It is an excellent way to nurture physical, mental, and emotional development in a fun, interactive setting.





Our early years children had an exciting, fun-filled day of cricket, enjoying the winter morning with active play and learning. Guided by the sports teacher, the children received a basic introduction to cricket, learning about the rules and equipment used in this popular sport. They enthusiastically participated in a friendly cricket activity, which not only helped develop their physical skills but also introduced them to new vocabulary associated with the game. The activity promoted essential values such as teamwork, relationship-building, and friendship, as the children learned the importance of cooperation and support on the field. This day of cricket was a wonderful blend of physical development, learning, and social bonding.









The Early Years students of MSS World School celebrated Pink Color Day with great enthusiasm and creativity in the school garden. The highlight of the event was a beautifully decorated pink tree adorned with various pink objects, creating a vibrant and joyful atmosphere.

The students actively participated in a Show and Tell activity, where they brought pink-colored objects from home and shared interesting facts about them, enhancing their confidence and communication skills.

Adding a touch of science and fun. a STEM activity was organized, where the children created and enjoyed a pink foam bubble snake. This interactive experiment was both entertaining and educational, leaving the young learners fascinated.

The day was a wonderful blend of creativity. learning, and excitement, making it a memorable experience for the students.



The pre-primary students celebrated Purple Color Day with great enthusiasm and joy. The day began with an engaging craft activity where children used bottle caps dipped in purple paint create a beautiful bunch of grapes. showcasing their creativity and fine motor skills. Adding to the excitement, the children and their teachers participated in a vibrant ramp walk. proudly displaying their purple-themed attire. A fun dance session brought energy and cheer to the celebration, allowing everyone to enjoy the rhythm of the day. The event's highlight was a game where children practised balancing coordination by keeping a balloon in the air while clapping, a delightful activity that encouraged focus and motor skills. The Purple Color Day was a memorable experience, fostering creativity, confidence, and teamwork among the young learners.







Children's Day, celebrated on November 14th, is a special occasion dedicated to honoring and cherishing the innocence and joy of childhood. This year, the celebration was marked by a vibrant cultural program presented by the teachers, who took the stage to entertain and delight the students. The atmosphere was filled with happiness, fun, and frolic as teachers showcased their talents through various performances, including skits, dances, and songs. The students were thrilled to see their mentors in a different light, and the event fostered a sense of camaraderie and joy. The celebration not only provided a break from routine but also reinforced the importance of nurturing and appreciating the young minds that will shape the future.



Health Checkup





The health check-up campaign at MSS World School, held in celebration of Children's Day, was a testament to our dedication to ensuring the health and wellness of our students and staff. In partnership with AIIMS and the School Health Pro Program, the initiative provided comprehensive health assessments, underscoring the importance of physical health in achieving success and fostering a supportive environment for holistic development. By prioritizing regular health check-ups, the school aims to instill healthy habits and awareness among students, empowering them to lead balanced and fruitful lives. This campaign not only highlights our commitment to nurturing the overall well-being of our school community but also exemplifies the collaborative efforts to create a thriving educational atmosphere.



Winter Carnival





Winter Carnival





Winter Wal Carnival





Contact No.:+91 9057944000 +919057945000 info@mssworld.org

www.mssworldschool.org
Opp. Umaid Hospital, Jodhpur

